



Department	PE	
Key Stage	4	
Course Level	Level 2 BTEC Tech Award	
Exam Board	Pearson	


Unit Title	Why This Is Important and Why Is It Taught at This Point?
Component 1: Preparing Participants to Take Part in Sport and Physical Activity	This is a mandatory unit which must be completed to access the full BTEC Tech Award in Sport course. Learners will explore the provisions of sport and physical activity, the barriers, and ideas upon how to increase participation. Within this component, learners will gain an enhanced understanding for how equipment, clothing and technology within sport and physical activity plays an ever growing part in our society.

Dates Delivered	Unit Title	End Points	Substantive Knowledge What will they learn about in this topic?	Disciplinary Knowledge What subject concepts will be developed through this topic?	Assessment Method	Key Course Guides & Reading
T1a – T2b Sept – April	Preparing Participants to Take Part in Sport and Physical Activity	<p>Students will complete an investigation following their learning of a set scenario (released by Pearson) which will allow learners to advise and give suggestions as to how the participant can explore the most suitable and practical options for a healthier lifestyle.</p> <p>Learners will be able to plan and lead a warm-up suitable for the scenario. They will also be able to articulate the effects on the cardiorespiratory and musculoskeletal system.</p>	<ul style="list-style-type: none"> <li>-Provisions and sectors within the sport and physical activity world.</li> <li>-Impacts of health and health implications when considering the appropriate physical activity and sport.</li> <li>-Barriers to participation and methods of how to overcome these.</li> <li>-Technology associated with clothing, equipment and that associated with improving the physical activity and sporting experience.</li> <li>-How to plan and deliver an appropriate warm-up for a wide variety of circumstantial issues/problems.</li> </ul>	<ul style="list-style-type: none"> <li>-Understanding how to analyse and implement improvements based on scenarios and concepts within physical activity and sport.</li> <li>-Awareness into what provisions are within our local community and beyond to enhance the sport and physical activity experience.</li> <li>-Develop a skill to plan, lead and reflect upon an expertly delivered warm-up for future improvements.</li> </ul>	<p>Open book assessment</p> <p>Videod Practical assessment (warming-up)</p> <p>Timed assessment (per learning aim)</p> <p>Pre-released mock (Feb window)</p>	<p><a href="https://thepeclassroom.com/btec-tech-award-in-sport/">https://thepeclassroom.com/btec-tech-award-in-sport/</a></p> <p><a href="https://qualifications.pearson.com/content/dam/pdf/btec-awards/sport/2022/Guide/B07461%20BTEC%20Tech%20Awards%20Sport%20Mini%20Guide%20A4P%20PRF2.pdf">https://qualifications.pearson.com/content/dam/pdf/btec-awards/sport/2022/Guide/B07461%20BTEC%20Tech%20Awards%20Sport%20Mini%20Guide%20A4P%20PRF2.pdf</a></p>

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Component 2: Taking Part and Improving Other Participants Sporting Performance	This is a mandatory unit which is needed to fully access the outcomes of the course and course grades. This unit follows chronologically from Component 1. This unit will develop the learners ability to perform practical sport, fulfil roles of officials within a variety of sports as well as being able to plan appropriate drills and exercises to improve other peoples performance.

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T3a – T1b	Taking Part and Improving Other Participants Sporting Performance	<p>Link the components of skill related and physical related components of fitness to sport.</p> <p>Understand how to officiate a variety of sports with competency.</p> <p>Have competencies in playing a variety of sports.</p> <p>Gain confidence in planning and delivery of drill, exercises and game management for sports performance.</p>	<p>Understand all the skill and physical related of components of fitness which hall are linked to sports performance in a variety of sports.</p> <p>How to conduct fitness tests with validity and reliability. Following the tests, data should be accurately interpreted to support further improvements.</p> <p>Understand and demonstrate the skills, techniques and tactics of different sports.</p> <p>Know the different roles of officiating in 2 different sports, showing the</p>	<p>The ability to play sport at a competent in both team and individual game.</p> <p>Build on knowledge of skills and phases of play to ensure competency within the officiating of sports.</p> <p>Leadership skills; having the ability to lead a group of players/students will precision and positive attributes which lead to success.</p>	<p>Mock and controlled assessment.</p> <p>Synoptic assessment linked to C1 as well as C2.</p> <p>Observation of delivery.</p>	<p><a href="https://thepeclassroom.com/btec-tech-award-in-sport/">https://thepeclassroom.com/btec-tech-award-in-sport/</a></p> <p><a href="https://qualifications.pearson.com/content/dam/pdf/btec-awards/sport/2022/Guide/B07461%20BTEC%20Tech%20Awards%20Sport%20Mini%20Guide%20A4P%20PRF2.pdf">https://qualifications.pearson.com/content/dam/pdf/btec-awards/sport/2022/Guide/B07461%20BTEC%20Tech%20Awards%20Sport%20Mini%20Guide%20A4P%20PRF2.pdf</a></p>

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Component 3: Developing Fitness to Improve Other Participants in Sport and Physical Activity	This final and mandatory unit accumulates knowledge from the previous components to ensure that all learning chronologically

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T1b – T3a	Component 3: Developing Fitness to Improve Other Participants in Sport and Physical Activity	Learners will gain a detailed understanding of conducted fitness tests, training, programming which are all linked to a set scenario.  Have confidence in combining and collating all material from C1 and C2 to enhance the understanding of health and fitness.  In C3, knowledge and application of a variety of fitness and sport is detailed enough to	The variety of components of skill and physical related, all of which have tests. Understanding how to conduct the fitness tests, collect data, and report on data will be learned.  Gain strength in the understanding of fitness training to match the results found within the data (for performers and clients).  Understanding the energy systems of the body: Cardiovascular, respiratory, muscular and skeletal.  Have confidence and the ability to interpret clients information to develop and design an appropriate fitness training program.	The themes of the components of fitness and the application of all other associated areas will be learned and featured across the examination.  The ability to link component, test, training types, and scenario content is essential information – this is something that has happened across all other components.  Implement a wider understanding of how fitness and health can be developed in a variety of scenarios and performers, giving	External Assessment.	<a href="https://thepeclassroom.com/btec-tech-award-in-sport/">https://thepeclassroom.com/btec-tech-award-in-sport/</a>  <a href="https://qualifications.pearson.com/content/dam/pdf/btec-awards/sport/2022/Guide/B07461%20BTEC%20Tech%20Awards%20Sport%20Mini%20Guide%20A4P%20PRF2.pdf">https://qualifications.pearson.com/content/dam/pdf/btec-awards/sport/2022/Guide/B07461%20BTEC%20Tech%20Awards%20Sport%20Mini%20Guide%20A4P%20PRF2.pdf</a>

		support a wide variety of clients and participants.		appropriate advice and guidance to lead a better and more healthy lifestyle.		
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